



## Through generous donations, what did our clients achieve in 2019?



### Housing and Utilities

- 275 people saved \$165,000 on heating, electric, and water bills.
- 135 people saved \$145,900 on property taxes.
- 20 people referred to receive free or low-cost home repairs.
- 25 people referred to affordable housing.
- 5 people modified home loans and avoided foreclosure through our case management.



### Food Security

- 100 families were signed up to receive food at the Hampden United Methodist Church food pantry 1-2 times per month.
- 70 families received 28,800 pounds of food through the My Groceries to Go Program with the Maryland Food Bank.
- 95 people saved \$85,000 on grocery bills.
- 150 attended our communal meals.



### Health Care

- 95 people saved \$159,600+ on medical costs.
- 125 people saved \$103,120+ on pharmacy costs.
- 35 people received 150+ hours of medical care coordination, a value of \$7,500 to our community.
- 100 people attended educational workshops and health fairs that we co-sponsored.



### Family & Individual Wellness

- 20+ people received 100+ hours of therapeutic case management, a value of \$12,500 to our community.
- 50+ older adults and their families benefited from crisis case management, financial coaching, life planning, and other psychoeducational activities to improve their emotional health.